

Guyana Association of Manitoba -- Seniors Program Re-Launched

Reminiscing-We all get along!!! ... By Sharmela S. Rambally

March 18, 2011 was the re-launching of the senior program sponsored by Guyanese Association of Manitoba, and the debut of their new collaboration with the Arya Samaj Mandir and the Manitoba Hindu Senior Society to get the seniors of both west and East Indian descent to come out and participate.

The program agenda featured; an open house for all to attend with a meet and greet session, dinner and an open forum to follow with games and activities.

The evening met with plenty of seniors from all areas of Winnipeg.

There were West Indians from Guyana and Trinidad, and East Indians from all across India. There was plenty of food, company and activities to fill the night and that is exactly what took place. It was glorious to see everyone, young and old playing, talking and laughing to stories of pastimes, old and new and of their homeland.

Being there that night gave me a feeling of happiness and great joy to see how much a simple gesture holds so much weight for those that are the most important in life. Seeing the smiles and hearing the acknowledgement and suggestions of what was done and what needs to be done to maintain this program going was a key factor in having this evening and making it a success and that is exactly what was accomplished. With over 50 seniors present, we not only got their insights and ideas, we also got their enthusiasm and drive to continue this program and more often.

As a matter of fact, shortly after the evening concluded the suggestion for a movie night was so enticing by all, that the next event scheduled is a movie night. Friday, April 1, 2011 was the next gathering with a movie, cake and presents for those celebrating their birthdays within this month at The Rama Krishna Mandir located at 903 Winnipeg Avenue, Winnipeg.

Personally, I am very proud to be involved with an organization that recognizes that there are many seniors out here in Winnipeg who need and enjoy these programs and events and that there is a place and time for them.

Congrats to Guyanese Association of Manitoba for not giving up and kudos to Arya Samaj and the Manitoba Hindu Senior Society for getting on board in making our seniors proud of us for caring and sharing.

If you would like to get involved with our program or have any suggestions or idea, please feel free to call Kamta Roy Singh @ 227-4193, Cavita Mulchand @ 792-4240 or Suren Mehta @ 261-4772 at any time.